



COURSE DELIVERY PLAN 2024

Master of Mental Health (Online Delivery) COURSE CODE: HMMH

VU Online Health and Biomedicine Full-time* or Part-time 2 years Full Fee. Fee information available from vu.edu.au/fees
Full-time* or Part-time 2 years
2 years
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Full Fee. Fee information available from vu.edu.au/fees
Direct Application: https://www.vu.edu.au/vu-online/online-courses
N/A
To attain the Master of Mental Health, students must successfully complete 144 credit points (equivalent to 12 units) in total, consisting of:
Eleven (11) Core units (equivalent to 132 credit points) One (1) elective unit (equivalent to 12 credit points)
Students are able to graduate with a Graduate Certificate in Mental Health or a Graduate Diploma of Mental Health (Diploma exit award only) after they have completed the first four (4) and eight (8) respectively, as outlined below.
Unit (subject) and course information is available from the University course search site at wu.edu.au/course-search OR https://online.vu.edu.au/online-courses/master-public-health OR Call 1300 043 531
Call 1000 040 001

The following course structure is designed to help students track their progress through the course. *With approval from the Master of Mental Health Coordinator.

NB: This course structure is subject to change.

For further course information phone 1300 043 531

This information is current at the publication date, October 2023.

It is provided as information only and does not form part of a contract between any person and Victoria University.



YEAR 1 (2024)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6012	Effective Trauma-Informed Care	Core	1	12	VU Online	Nil
HNO6009	Mental Health Foundations	Core	2	12	VU Online	Nil
HNO6010	Recovery Oriented Mental Health	Core	3	12	VU Online	Nil
HNO6011	Biopsychosocial and Cultural Perspectives in Mental Health	Core	4	12	VU Online	Nil
STUDENTS ARE ABLE TO GRADUATE WITH A GRADUATE CERTIFICATE IN MENTAL HEALTH						

STUDENTS ARE ABLE TO GRADUATE WITH A GRADUATE CERTIFICATE IN MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 4 UNITS

HNO6013	Mental Health in Later Life	Core	5	12	VU Online	Nil
HNO6004	Evidence and Research for Practice	Core	6	12	VU Online	Nil

YEAR 2 (2025)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6014	Introduction to Child and Adolescent Mental Health	Core	1	12	VU Online	Nil
HNO7013	Psychological Therapies	Core	2	12	VU Online	Nil

STUDENTS ARE ABLE TO EXIT THE MASTER QUALIFICATION WITH A GRADUATE DIPLOMA OF MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 8 CORE UNITS (EXIT AWARD ONLY)

Elective Choice A: Child and Adolescent Engagement and Assessment

HNO7014	Perspectives on Addictive Behaviours	Core	3	12	VU Online	Nil
HNO7901	Research Project	Core	4	12	VU Online	96 credit points
HNO7012	Assessment in Mental Health	Core	5	12	VU Online	Nil
HNO6015	Child and Adolescent Engagement and Assessment	Elective	6	12	VU Online	Nil

OR

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Elective Choice B: Pharmacology & Therapeutics in Mental Health

HNO7014	Perspectives on Addictive Behaviours	Core	3	12	VU Online	Nil	
HN07011	Pharmacology & Therapeutics in Mental Health	Elective	4	12	VU Online	Nil	
HNO7012	Assessment in Mental Health	Core	5	12	VU Online	Nil	
HNO7901	Research Project	Core	6	12	VU Online	96 credit points	